

EVENING PRIMROSE OIL

Helps Alleviate the Discomfort Associated with PMS and Menopause[◇]



Especially rich in unsaturated fatty acids, Evening Primrose Oil (EPO) is one of the most precious and valuable oils in nature. It supplies Essential Fatty Acids (EFAs) which cannot be made by the body but must be obtained from your diet. EFAs help maintain healthy looking skin as well as support circulation and healthy joints.[◇]

Evening Primrose Oil naturally provides essential fatty acids that must be supplied through the diet. Essential fatty acids sustain the structural parts of cell membranes and are the principal components of hormone-like substances.

- Evening Primrose Oil has achieved well-known acceptance and recognition for its vital role in women's health today.
- Evening Primrose Oil can provide important benefits to women of all ages including women experiencing PMS or menopause that have specific nutritional interests.
- Evening Primrose Oil has become a staple in dietary supplements that offer support for hormonal balance.
- Evening Primrose Oil contains one of the most biologically active forms of the omega-6 fatty acid, Gamma-Linolenic acid (GLA).

Supplement Facts		2 Capsules	
Serving Size		30	
Servings Per Container			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	9	Vitamin E (D-Alpha-Tocopherol)	20 IU 67%
Calories from Fat	9	Evening Primrose Oil	1000 mg *
Total Fat	1 g	Gamma Linolenic Acid	90 mg *
Saturated Fat	0 g	*Daily Value not established.	
Trans Fat	0 g		

INGREDIENTS: Evening Primrose Oil, Capsule Shell (Modified Starch, Glycerin (Vegetable), Algin, Disodium Phosphate), Vitamin E (D-Alpha-Tocopherol (Antioxidant)).

Evening Primrose Oil is a rich source of GLA (Gamma Linolenic Acid), which is essential in the maintenance of good health and healthy skin.[◇]

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DIRECTIONS: Take two capsules daily.

As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

Allergy Information: This product contains soy-derived Mixed Tocopherols, and is processed in the same facility that processes products containing fish/shellfish, soy and dairy.

This product was not tested on animals.

Suitable for Vegetarians.

[◇]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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